

OUR SCIENCE BEHIND A HEALTHY BREAKFAST



A healthy breakfast is essential for academic success

Students who eat a nutritious breakfast achieve higher grades, exhibit better classroom behavior, and enjoy overall healthier lifestyles. Lintons recognizes the positive impact of a healthy breakfast and provides morning meals with the nutritional value students need to succeed.

Supporting the mission:

who I am, where I am from,
where I am going, and how I get there.

Lintons plays a critical role in nourishing the students of The Harambee Institute and helps to enhance Harambee's mission to educate students to succeed as global citizens with a clear awareness of who they are, where they are from, where they are going, and how they get there.



**Hot Breakfast will be served Monday–Friday
from 7–7:45 a.m. — don't miss it!**